

Discrete Provision for Learners with Autism KS4 Curriculum Overview



Subject: Preparing for Adulthood

Formal and Semi-Formal Pathway

	Autumn	Spring	Summer
Year 10	<p>Towards Independence Module: Personal Care Routines</p> <p>Personal care; hygiene; getting ready; keeping tidy; getting help to look good; using local services; using health facilities; making an appointment</p>	<p>Towards Independence Module: Independent Living: Introduction</p> <p>Balanced diet; hygiene; breakfast; drinks; packed lunches; main meals; cleaning; washing machines, tumble driers and irons</p>	<p>Towards Independence Module: Meal Preparation and Cooking: Introduction</p> <p>Hygiene; health and safety; food storage; utensils and equipment; planning and shopping; preparing hot and cold drinks, and snacks; serving and clearing away</p>
Year 11	<p>Towards Independence Module: Independent Living: Progression</p> <p>Coping in the home; personal safety; communication; managing money; shopping; citizenship; community services and facilities</p>		<p>Towards Independence Module: Meal Preparation and Cooking: Progression</p> <p>Health and safety; food storage; using ingredients; cooking a meal; serving and clearing away; entertaining; food from other cultures; planning a menu; food labels and packaging</p>
KS4	<p>Towards Independence Module: Out and About</p> <p>Going out for food and a drink; going on a trip; going to a club; meeting a friend; staying safe</p>		