

Discrete Autism Provision KS4 Curriculum Overview



Subject: PSHE

Formal and Semi-Formal Pathway

	Autumn Term	Spring Term	Summer Term
Year 10	<p>Towards Independence Module: Knowing about myself</p> <p>Knowing facts about me; the person I am - Zones of Regulation; emotions; things I like & dislike; things I do well – talents & qualities; identify and choose clothing that can be worn depending on situation; differences – awareness of male and female; ethnic groups; communication differences.; gender and signs – toilet; disability; personal hygiene; pupils to - decide, plan, execute, reflect.</p>	<p>Towards Independence Module: Relationships</p> <p>Friendships; self-awareness; family and friends; our bodies; public and private; appropriate behaviour; appropriate touch; understanding changes; boyfriends and girlfriends; making choices.</p>	<p>Towards Independence Module: Getting to Know a Group</p> <p>Knowing about yourself – facts about yourself; things you like to do. working within a group – introduce yourself and listen to others in the group; find out things about someone within the group; learn names; learn where people live; discuss things done or places visited as a group; choose a new activity to do; group projects.</p>
Year 11	<p>Towards Independence Module: Myself and Coping with People</p>		<p>Towards Independence Module: Self-Advocacy</p> <p>Talking and listening to others; rights and responsibilities;</p>

	Talents and qualities; Zone of Regulation; emotions; saying what you feel; sharing with a friend; friendship; strangers; dealing with someone who upsets you; dealing with someone who keeps on upsetting you; personal hygiene; inside my body – Importance of healthy lifestyle.	making decisions for yourself; being assertive and saying “No”; knowing the reason why we have meetings; speaking up for yourself.
--	--	--