

# Discrete Provision for Learners with Autism KS3 Curriculum Overview



## Subject: Preparing for Adulthood

### Formal and Semi-Formal Pathway

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7</b>	<b>Personal Hygiene</b>  The importance on personal hygiene; personal hygiene routine, focus from EHCP	<b>Healthy Living</b>  Importance of a healthy diet and lifestyle	<b>Food technology</b>  Safety in the kitchen; making snacks (hot and cold)- using a range of appliances	<b>Home Living Skills</b>  Safety in the home; recognising and using appliances, focus on clothes	<b>Safety 999</b>  What is an emergency?; who to contact in an emergency?	<b>ICT</b>  The parts of a computer; logging into the network and searching the web; using Microsoft Office  <b>ICT in the school (Semi-formal)</b> Switches; touch screen; iPads; computer

<p style="text-align: center;"><b>Year 8</b></p>	<p><b>Personal Hygiene</b></p> <p>The importance on personal hygiene; personal hygiene routine, focus from EHCP</p>	<p><b>Healthy Living</b></p> <p>Keeping your body healthy, as you get older; what's too much (sugar, salts and fats)?</p>	<p><b>Food technology</b></p> <p>Safety in the kitchen; making a simple meal (hot and cold)- using a range of appliances</p>	<p><b>Home Living Skills</b></p> <p>Safety in the home; recognising and using appliances, focus on cleaning</p>	<p><b>First Aid</b></p> <p>Recognising different types of injury; applying first aid to burns, cuts and scalds.</p>	<p><b>ICT</b></p> <p>Features of Microsoft Office; using Excel, Word and PowerPoint. Using camera and photo editing apps</p> <p><b>ICT in the school (Semi-formal)</b> Using an iPad; Using a computer; photography; internet</p>
<p style="text-align: center;"><b>Year 9</b></p>	<p><b>Healthy Living</b></p> <p>Substance abuse; smoking; alcohol; lack of a healthy lifestyle; physical activity</p>	<p><b>Food technology</b></p> <p>Safety in the kitchen; making desserts (hot and cold)- using a range of appliances</p>	<p><b>Personal Hygiene</b></p> <p>The importance on personal hygiene; personal hygiene routine, focus from EHCP</p>	<p><b>Home Living Skills</b></p> <p>Safety in the home; recognising and using appliances, focus on the bathroom</p>	<p><b>First Aid</b></p> <p>Recognising different types of injury; applying first aid to unconscious individuals, asthma attacks, choking.</p>	<p><b>ICT</b></p> <p>Microsoft Office; Excel; Word; PowerPoint; Publisher</p> <p><b>ICT in the school (Semi-formal)</b> iPad and computer software packages; finding information <i>Alternate</i></p>