

Discrete Provision for Learners with Autism KS3 Curriculum Overview



Subject: PHSE

Formal and Semi-Formal Pathway

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	<p>Self-Care, Support and safety</p> <p>Transition to secondary school; personal hygiene; keeping clean; preventing spread of germs (focus COVID-19)</p>	<p>Healthy Lifestyles</p> <p>Healthy foods and drinks; hygiene; exercise.</p>	<p>Self – Awareness</p> <p>What makes us special?; Things I like and D dislike; things I do well – talents and qualities; Identify and choose clothing that can be worn depending on situation.</p>	<p>The World I Live In</p> <p>Diversity; How are we different? communication differences; differences – awareness of male and female; ethnic groups.</p>	<p>Relationships – Managing Feelings</p> <p>Friendships; appropriate behaviour; appropriate touch.</p>	<p>Relationships – Growing and Changing.</p> <p>Similarities and differences; biological differences; physical changes; emotional changes;</p>
Year 8	<p>Self-Care, Support and safety</p> <p>Stay safe in home; stay safe outside; road safety; online safety.</p>	<p>People Who Help Us – Community</p> <p>Important people: police; firefighter; ambulance; doctors; dentists; roles of</p>	<p>Self- Awareness – Jobs and Aspirations</p> <p>The different jobs adults do in school; careers; aspirations; personal traits;</p>	<p>Human Rights, Respect and Responsibilities</p> <p>Equality of rights; rules and laws; Who has rights?; respect; responsibilities.</p>	<p>Friendships/Relationships –Managing feelings</p> <p>Positive relationships; developing friendships; caring (the things we do);</p>	<p>Developing Relationships Changing and Growing-</p> <p>Developing and keeping friendships; staying calm; resolving disputes;</p>

	people who can help us in school and at home.	professionals; How they keep us safe.	goals and ambitions; identifying interests		people special to me. Friendships; falling out – teamwork.	feeling pressured; secrets; unhealthy relationship.
Year 9	<p>Self-Care, Support and safety</p> <p>Ways of keeping safe (in school, in the community, in unfamiliar places); being responsible; hazards; peer pressure; road safety; drugs and alcohol; internet safety.</p>	<p>Keeping our bodies healthy</p> <p>My body...my rights!; poor sleep; puberty; harmful substances; body image (pressures – social media); balanced lifestyle.</p>	<p>Self-Awareness and conduct</p> <p>Belonging; teams and groups; listening; understanding of kindness and unkindness; peer pressure, bullying and cyber bullying; positive thoughts; making the right choice.</p>	<p>The World I Live In – Money Matters</p> <p>What is money? using money; where does money come from?; keeping money safe; earning and spending; wants and needs; paying in shops; budgeting; saving for my future.</p>	<p>Relationships – Managing feelings</p> <p>Body language and appropriate behaviour; public and private personal space; touch. (appropriate; inappropriate; dangerous); relationship scenarios. inner-middle- outer-circles; greeting people; uncomfortable situations.</p>	<p>Family Relationships</p> <p>Relationships in and out of school; social interactions; different types of family; family roles; importance of family; changes (siblings moving away; marriage; divorce; death); life cycle.</p>

***Additional: Sex and Relationship Education can be delivered regarding specific needs, during intervention time. This curriculum is shared with parents and carers prior.**