

**NOCN- Entry level certificate
in Independent Living***

	Household Skills		Personal Care		Personal Development and Leisure Activities	
Year 10	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Looking after yourself and your home	Looking after clothes	Personal Health	Personal Safety	Hobbies	Gardening for pleasure
Year 11	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Using Domestic Appliances	Food Safety and Storage	Choosing Clothing and footwear	Eating a balanced diet	Accessing the countryside	Eating Out

*Looking after yourself and your home – Entry level 1 certificate (15 credits)