

# THE OAKS SECONDARY SCHOOL

30/9/2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	LASAGNE CHEESE AND EGG SALAD SWEET AND SOUR VEG WITH RICE	CHICKEN CASSEROLE AND YORKSHIRE PUD TOAD IN THE HOLE	ROAST PORK GF FISH CAKES MACARONI CHEESE	CHICKEN CURRY WITH BOILED RICE CHEESE PIZZA	CHICKEN BURGER BREADED FISH FILLED JACKETS
VEGETABLES	PEAS SALAD/COLESLAW	CARROTS MASHED TURNIP SWEETCORN SALAD/COLESLAW	CARROTS CABBAGE MUSHY PEAS	SPAGETTI HOOPS GREEN BEANS SALAD/COLESLAW	PEAS BAKED BEANS SALAD/COLESLAW
POTATOES	MASHED POTATO  JACKET FILLED OR PLAIN	MASHED POTATO JACKET FILLED OR PLAIN	ROAST POTATO MASHED POTATO JACKET FILLED OR PLAIN	BOILED POTATO JACKET FILLED OR PLAIN POTATO WEDGES	CHIPS MASHED POTATO
SWEET	APPLE CRUMBLE BISCUITS YOGHURT FRESH FRUIT JELLY/MOUSSE	RICE PUDDING WITH CHOCOLATE SPRINKLE BISCUITS WITH DRINK YOGHURT FRESH FRUIT JELLY/MOUSSE	FLAPJACK AND CUSTARD BISCUITS WITH DRINK YOGHURT FRESH FRUIT JELLY/MOUSSE	SPONGE AND CUSTARD BISCUITS WITH DRINK YOGHURT FRESH FRUIT JELLY/MOUSSE	CHOC CHIP SHORTCAKE BISCUITS WITH DRINK YOGHURT FRESH FRUIT JELLY/MOUSSE
DAILY CHOICE	SALADS SANDWICHES FRESH FRUIT JUICE FLAVOURED WATER MILK/SHAKES	SALADS SANDWICHES FRESH FRUIT JUICE FLAVOURED WATER MILK OR SHAKES	SALADS SANDWICHES FRESH FRUIT JUICE FLAVOURED WATER MILK OR SHAKES	SALADS SANDWICHES FRESH FRUIT JUICE FLAVOURED WATER MILK OR SHAKES	SALADS SANDWICHES FRESH FRUIT JUICE FLAVOURED WATER MILK OR SHAKES