

# KS4 Curriculum Overview



**Subject: PSHE**

|  | Accreditation                  | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1   | Summer 2  |
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| <b>Year 10</b><br><br><b>Accreditation Pathway</b> | <b>ASDAN PSHE Short Course</b> | <b>Emotional Wellbeing</b><br><br>1A3 Understanding common types of ill health<br>1A4 Recognise the early signs of poor mental health<br>1A5 Use strategies for monitoring positive wellbeing<br>1A6 Explain activities that can promote positive emotional wellbeing | <b>Keeping Safe and Healthy</b><br><br>2A2 Explain current campaigns<br>2A3, 2A4 Explain what constitutes a healthy lifestyle<br>2A5 Recognise what healthy eating looks like<br>2A6 Identify local health improvement services<br>2A7 Identify risks to personal safety<br>2A8 Understand the safe use of taxis and minicabs | <b>Social Media</b><br><br>3A1 Understand why it is important to develop digital resilience<br>3A2 Understand media stereotypes and manipulated images and their effect on self esteem.<br>3A3 Identify harmful behaviours online, understand how to report it and access support.<br>3A4 Understand the consequences of posting online.<br>3A5 Recognise digitally enabled stalking and know what to do if you are affected. | <b>Alcohol and Drugs</b><br><br>4A3 Identify the signs of alcohol poisoning and know what to do.<br>4A4 Understand the impact that alcohol can have on emotional health and wellbeing<br>4A5 Know the difference between social pressure and peer pressure in relation to alcohol and strategies to avoid drinking alcohol. | <b>Tobacco and Drugs</b><br><br>5A1 Understand the laws relating to the supply and possession of illegal substances<br>5A2 Understand the facts about the harmful effects of smoking tobacco<br>5A3 Understand the benefits of quitting smoking and how to access support<br>5A4 Understand the effects and risks of nicotine consumption<br>5A5 Understand the links between taking drugs and serious health conditions<br>5A6 Understand how drug misuse can be harmful in | <b>Sexual Health</b><br><br>6A1 Understand the impact of STIs and how to minimise their transmission<br>6A2 Understand the advantages and disadvantages of different methods of contraception, including protection from STIs<br>6A3 Understand how to access emergency contraception<br>6A4 Understand the moral responsibility of seeking consent<br>6A5 Understanding the legal consequences of not gaining consent. |

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|                          |  |  |  |   |   | the short and long term.  |  |
| Links to RRS, PFA, SMSC. |  | PFA Health,<br><br>RRS Article 28<br>SMSC: cultural/ moral/ social | PFA Health, independent living, community Inclusion<br>RRS Article 29<br>SMSC: cultural/ moral/ social | PFA Health, Independent Living, Community Inclusion<br>RRS Article 24<br>SMSC: cultural/ social | PFA Health /Independent Living<br>RRS Article 33<br>SMSC: cultural/ moral/ social | PFA Health /Community Inclusion /Independent Living<br>RRS Article 27,34<br>SMSC: cultural/ moral/ social | PFA Health /Community Inclusion /Independent Living<br>RRS Article 34<br>SMSC: cultural/ moral/ social |
| PSHE Association links   |  | H2, H4, H5, H6, H7, H8, H9, H10, H11,                              | H5, H16, H11, H12, H13, H14, H21, H22  | L22, H2, H3, R14, H4, R8, R22, R18, R14, R15, R16, R17, R28, R29, R30, R31, R32                 | H19, H20, R35, R36, R37   | R38, H18, H13, H14, H16   | H27, H28, R23, R24, H29, H33, R18, R2  |

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|  | ASDAN PSHE Short Course | <b>Financial choices</b><br>9A1 Understand tax and National Insurance<br>9A2 Discover how different forms of saving work<br>9A3 Find out about ways to manage debt | <b>Living in modern Britain</b><br>11A1 Understand and explore what democracy, the rule of law, individual liberty | <b>Respectful Relationships</b><br>7A1 Show how to develop healthy relationships across cultures and society<br>7A2 Recognise how to manage emotions in different relationships | <b>Respectful Relationships</b><br>Individual independent work focussing on an aspect of the respectful relationships course (Challenge B) | <b>Families and Parenting</b><br>8A1 Recognise different sorts of relationships and concepts of family; | <b>Families and Parenting</b><br>Individual independent work focussing on an aspect of the families and |

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| <p><b>Year 11</b></p> <p><b>Accreditation Pathways</b></p> <p>Links to RRS, PFA, SMSC.</p> <p>PSHE Association Links</p> |  | <p>9A4 Recognise the importance of pensions</p> <p>9A5 Understand how to rent accommodation</p> | <p>and mutual respect mean as a British citizen</p> <p>11A2 Understand why it is important for everyone to vote</p> <p>11A3 Understand how to be a critical consumer of online information in all forms; appreciate how social media can expand, limit or distort an individual's view of the world</p> <p>11A4 Understand how social media can be used to distribute propaganda, coerce and manipulate</p> <p>11A5 Recognise extremism and radicalisation, including when someone is at risk of being radicalised</p> | <p>7A3 Understand what makes for healthy or unhealthy relationships</p> <p>7A4 Explain the concept of consent in a variety of contexts</p> <p>7A5 Show how to develop healthy relationships in different contexts</p> | <p>Further lessons or interventions as necessary, e.g. further lessons on child sexual exploitation, grooming etc.</p> | <p>Understand the legal status of different relationships</p> <p>8A2 Recognise different sorts of relationships and concepts of family</p> <p>8A3 Explain the concept of forced marriage</p> <p>8A4 Recognise the roles and responsibilities of parenting</p> <p>8A5 Understand the impact that being a parent can have on your lifestyle</p> <p>8A6 Understand the impact of a healthy lifestyle on pregnancy and early infants</p> | <p>parenting course (Challenge B)</p> <p>Further lessons or interventions as necessary, e.g. 'Realityworks' baby simulator and accompanying lesson plans.</p> |
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|  |  | PFA Community Inclusion<br>RRS Article 29,36<br><br>SMSC: Social/ Moral/ Cultural | PFA Community Inclusion<br>RRS Article 20,23,30<br><br>SMSC: Social/ Moral/ Cultural | PFA Health/Independent Living<br>RRS Article 24<br><br>SMSC: Social/ Moral/ Cultural/ Spiritual | PFA Health / Independent Living<br>RRS Article 33<br><br>SMSC: Social/ Moral/ Cultural | PFA Health /Community Inclusion /Independent Living<br>RRS Article 34<br>SMSC: Social/ Moral/ Cultural | PFA Community Inclusion /Independent Living/Health<br>RRS Article 34<br><br>SMSC: Social/ Moral/ Cultural |
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