

What's going on?



Autumn Term
2017



Newsletter from County Durham Special Educational Needs and Disability
Information, Advice and Support Service



Making Changes Together



Making Changes Together has set up some workshops for parents/carers to become better informed on matters around SEND.

Monday 2nd October

10am - 12pm Wills and Trusts Workshop - Irwin Mitchell

10am - 12pm Sensory Workshop - Tree Tops Occupational Therapy

At Vane Tempest Hall, Gilesgate Community Centre, Durham, DH1 1QF

Tuesday 3rd October

10am - 12pm SEND Law Workshop - SENDIASS

10am - 12pm Sensory Workshop - Tree Tops Occupational Therapy

At Vane Tempest Hall, Gilesgate Community Centre, Durham, DH1 1QF

Making Changes Together XIX Conferences

Wednesday 15th November 2017

6.30pm - 8.30pm

The Ramside Hall Hotel & Golf Club, Carville, Durham, DH1 1TD

Thursday 16th November 2017

10.00am - 2.30pm

The Ramside Hall Hotel & Golf Club, Carville, Durham, DH1 1TD

To find out more or to book a place please contact **Ann Connor** by
telephone on **01915873541** or by email on
ann.connor@durham.gov.uk

contact For families
with disabled children

(Previously known as
Contact A Family)

Contact A Family has rebranded to Contact and their ambition as a charity is “to reach more families with disabled children, and to be there as soon as they need us.” To achieve this, they set out to extend their appeal to young families; to make our information and online presence more accessible; and to bolster the support they provide families in those stressful early days.

The new brand is an important part of this work and is designed to:

- **help articulate who we are and what we can offer more clearly**
- **help families understand what we can do to support them quickly and easily**



Think Sensory Not Behaviour:

for parents/carers, teachers and other professionals on **Friday 22 September 2017** from 9.00am-3.30pm, Cost is £120 (includes buffet lunch)

Open Day - Free Taster Handwriting Session: for teachers on **Friday 29 September 2017**, from 11.00am-1.00pm, (includes lunch).

Fussy or Problem Feeders? Is it Sensory, Motor or Behaviour?

On **Monday 30 October 2017** from 9.00am-12.30pm, £60 per person. This course is for parents/carers, teachers and other professionals.

Tree Tops are based at Eldon Road, Aycliffe Business Park, Newton Aycliffe, Co. Durham, DL5 6UL. If you would like to book places or

need any further information, **please contact the Tree Tops office on 01325**

304411 or email

hello@treetopsoccupationaltherapy.co.uk



SMILE Through Sport C.I.C was founded by Paralympian Stephen Miller, and provides inspirational speaking, training courses and disability sports provision. They are running a disability/inclusive sport activity for children and young people aged 14+ Friends, siblings and family members are welcome.

Saturday 7 October, 4 November and 2 December all from 11.00am-1.00pm at New College Durham, Framwellgate Moor Campus, Durham DH1 5ES

All sessions cost £4 per person.

For more information, contact SMILE on **01670 457757** or email info@smilethroughsport.com

Jack Charlton Disabled Angler's Association Fishing Fun Day

This fun day is on **Sunday 8 October 2017** from 11.00am-4.00pm at Sharpley Springs, Seaham, County Durham and is for young people with additional needs aged 7 to 21.

This is free for the disabled young person and one carer, additional carers tickets are £10 each. So why not go along for a great day of fun and fishing. A limited amount of fishing tackle is available to hire to loan on the day, some food will be available and there will be an awards ceremony for everyone who takes part at 4.00pm.

For more details or to book places, please contact Pat Redfern on 0121 429 6107 or email pat.redfern@blueyonder.co.uk

You must book your place before Thursday 21st September to be involved.

30 hours of FREE Childcare

From September 2017, the Government will offer 30 hours of free childcare per week for parents of three and four year olds, to help them continue or take up employment.

Check your eligibility

You can check whether you are eligible on the 30 hours free childcare eligibility checker

<https://www.childcarechoices.gov.uk/>

Parents who need assistance to apply (or who do not have access to the internet) can call the Childcare Service Customer Interaction Centre on Tel: 0300 123 4097 and apply by phone.



Resilience offers residential, short breaks and outreach services to young people with disabilities

Facilities/Services

The Barns 07702558532 enquiries@resiliencene.co.uk	Oak Tree 07921464012 enquiries@resiliencene.co.uk
The Farm House 07710701251 enquiries@resiliencene.co.uk	Community Services 07710701251 enquiries@resiliencene.co.uk
Referrals & Support 07710701251 enquiries@resilienceNE.co.uk	Employment 07710701251 hello@resilienceNE.co.uk

Useful Vision's

Bowling Party at Planet Leisure, Newton Aycliffe

The bowling alley is fully accessible and all abilities are welcome. Enjoy two games of bowling followed by a buffet afterwards for families to socialise.

Sunday 24 September 2017, 1:00pm-3.15pm.

If you have a vision impaired child and would like to register with Useful Vision or are already registered with Useful Vision and would like to attend an activity, please contact the office on **0845 604 8491** or email office@usefulvision.org.uk Registration for families with a vision impaired child is free and activities are free to attend.



Little Treasures



Little Treasures support groups are for families of children with a diagnosis of autism or children who are on getting assessed, siblings are also welcome. They offer free courses, trips out, book library, information, support, pamper sessions for parents, bouncy castle and activities within the group for children. They have specialist play equipment for the children to access at stay and play sessions and a sensory session with bouncy castle and sensory equipment. All stay and play and sensory sessions are £3 per family and parent support session £2 per family.

Type of group	Address	Date/Time
Sensory Session	Dean Bank and Ferryhill Literary Institute, St Cuthberts Terrace, Ferryhill, DL17 8PP	2 nd Saturday of every month 10:30am-12:00pm
Stay and Play Session	Dean Bank and Ferryhill Literary Institute, St Cuthberts Terrace, Ferryhill, DL17 8PP	4 th Saturday of every month 10:30am-12:00pm
Stay and Play Session	Framwellgate Moor Community Centre, Front Street, Framwellgate Moor DH1 5BL	4 th Saturday of every month 10:30am-12:00pm
Stay and Play Session	The Grove Community Houses, Selby Gardens, The Grove, Consett DH8 8BQ	4 th Saturday of every month 10:30am-12:00pm
Stay and Play Session	Front Street, Great Lumley, Chester-le street DH3 4JD	4 th Saturday of every month 10:30am-12:00pm
Parent Support Group	Oakside Community Centre, Oakerside Drive, Peterlee SR8 1NR	2 nd Monday of every month 10:00am-12:00pm

For more information, please contact Michelle Abbs or Laura Younger by email at Littletreasures18@gmail.com



Free Make-up Masterclass

Boost your confidence with a complimentary group skincare and make-up masterclass. Bring your own make-up!

Wednesday 20th September 10am-12pm

Free Holistic Therapy Course

Take part in this introduction to holistic therapies and learn about Reflexology, Reiki and Indian head massage. The aim of the course is to give you the knowledge and practical skills to try these at home on your family, friends and yourself.

Starting Tuesday 3rd October 10am-12pm (runs for 4 weeks)

Both courses will be held at the Pioneering Care Centre at Newton Aycliffe and are for parents/carers and young people

Book your place today by calling: **01325321234** or email: colouryourlife@pcp.uk.net